



# The Quaker Quill



March 2021

www.qmpc.org

## What is Lent?

We're all familiar with the 40 days of Lent. It's the time we prepare for Christ's death and Resurrection through fasting and prayer.

*But what is Lent all about?*

In researching this question, I found some interesting information from [coraevas.com](http://coraevas.com).

Lent is about conversion. Conversion means leaving behind an old way of living and acting in order to embrace a new life in Christ. We focus on turning our lives more completely over to Christ and His way. The goal of our fasting during the 40 days is to root out sin in our lives on a daily basis. The experts say that a new habit becomes engrained in our daily routine after 21 days. The 40 days of Lent are a perfect time to start or strengthen a habit such as setting aside time to be present for God.

When we fast, or give things up, we do so as a reminder to remove the things in our lives that get in the way of our relationship with God.

Here are a few ideas of things to "give up" during Lent:

1. Fast from Noise
2. Fast from Gossip
3. Fast from a Creature Comfort
4. Fast from Excuses
5. Fast from Complaint
6. Fast from Busyness
7. Fast from Expectations
8. Fast from Putting Yourself First
9. Fast from asking God only for what you want, instead remember to praise and thank Him for what He's already done for you.
10. Fast from Ungratefulness

Lent doesn't need to be about what we give up, but what we gain in the process.

Gain Light,  
Grow in Love,  
Live Lent!

Julia Bryan  
Clerk of Session





**SESSION MEETING**

**MISSIONS**  
across the street & around the world

**February 2021 HIGHLIGHTS**

At its February meeting, the Session approved:

- The Budget for 2021
- Grant application to fund a Rise Against Hunger event.
- Hygiene Items Drive in April for Food For Thought.
- Use of the Fellowship Hall by Amanda Stanberry.

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**Tuesday Bible Study on Zoom.**

The bible study is on hold right now as Nancy grieves the loss of her husband. We will let everyone know when it starts back up again. In the mean time, pray for Nancy.

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**Wednesday Evening Church-Wide Prayer Time**

We invite QMPC family to make every Wednesday 6pm to 7pm an intentional church-wide hour of prayer. Be a prayer warrior for those in need and even those we think are not in need. Watch for the weekly email with prayer concerns.




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**Hello from Bill Hylton!!**

Bill misses his Quaker family and wanted to say hello to everyone. If you have a chance, send him a card to say hello!

Mr. Bill Hylton  
14001 Turnbury Lane Room 405  
Midlothian VA 23113

Despite the pandemic, the Missions Committee is continuing to be active in it's work, especially in our support of Park View Missions. In the Fall, we collected over 1,700 individually wrapped snacks to support their Food for Thought program.

For the month of April we are asking for your help to collect personal care items. Park View is partnering with LCS School Nutrition to have these items available, upon request, when delivering food.

The following items are needed:

- Toothbrush
- Toothpaste
- Comb
- Men & women's deodorant
- Body wash
- Baby powder
- Reusable mask
- Washcloth
- Feminine hygiene products



A collection site will be available in the Narthex during the month of April for you to drop off your items, Thank you in advance for your support of this most needed and worthwhile project.

*Missions Committee*



# In Memoriam



**Gifts in Memory of Cecil Driskill, given by:**

John Sale and Johnny & Heather  
Mary Frances Bussey  
Reuben & Carolyn Womack  
Winelda Hall  
Al Hoffa & Christine Potts  
Nancy Mize

**Gifts in Memory of Ron Moyer, given by**

Evelyn Glass  
Doris Daniel  
Nancy Mize  
Bob & Kathy Kaplan  
Betty Bomar

**Gifts in Memory of Gladys Marcy, given by:**

Evelyn Glass  
Sara Curtis  
Fran & Kent Ford  
Carolyn & Reuben Womack  
Andrea & David Webb  
John & Janet LaPrade  
Doris Daniel  
Bob & Carolyn Eubank  
Shirley Morris  
Nancy Mize  
Nancy Wellons  
Samantha & Jordan Spence  
Sarah Garrett  
Paul & Atsuko Forrest  
Bob & Kathy Kaplan  
Janie Roark

**Gifts in Memory of Jim Garrett, given by:**

Doris Daniel

**Gifts in Memory of Ella Abram, given by:**

Nancy Mize  
David & Andrea Webb

**Gifts in Memory of David Proco, given by:**

Nancy Mize

**Gifts in Memory of Robert Wilson, given by:**

David & Andrea Webb

**Gifts in Memory of Judy Taylor, given by:**

Sara Curtis

**Gifts in Memory of Tommy Gibson, given by:**

Nancy Mize  
Phyllis Webb

**Gifts in Memory of Jack Kerr, given by:**

Evelyn Glass  
Sara Curtis  
Kent & Fran Ford  
Carolyn & Reuben Womack  
Andrea & David Webb  
John & Janet LaPrade  
Glennys Sheppard  
Doris Daniel  
Bob & Carolyn Eubank  
Robert & Carolyn Evans  
Steve & Susie Hubbard  
Shirley Morris  
Nancy Mize  
Jean Walker  
Phyllis Webb  
Betty Bomar  
Nancy Wellons  
Winelda Hall  
Karen Kessler  
Lois & Stephen Rowland  
Jessie Reach  
Samantha & Jordan Spence  
Faye Meek  
Barbara Ward  
Molly & Lewis Garbee  
Sarah Garrett  
Dale & Wendy Lam  
Mary Tyree  
Bob Lockridge  
Jane Bunnell  
Bob & Kathy Kaplan  
Dewayne & Cathy Husser  
Nancy & Jack Perry

# March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 PNC 7 pm	2	3 11 am Centering Prayer 6-7 pm Church Wide Prayer	4	5	6 12:30 pm Richard Menconeri Funeral
7  5 pm Kids Choir on Zoom	8 PNC 7 pm	9	10 11 am Centering Prayer 6-7 pm Church Wide Prayer	11	12	13 9-12 Garden Prep Day (weather permitting)
14  5 pm Kids Choir on Zoom	15 PNC 7 pm	16	17 11 am Centering Prayer 6-7 pm Church Wide Prayer	18	19	20 9-12 Garden Plant Day (weather permitting)
21 Session 4 pm NO Kids Choir	22 PNC 7 pm	23	24 11 am Centering Prayer 6-7 pm Church Wide Prayer	25	26	27 9-12 Garden Plant Day (weather permitting)
28  5 pm Kids Choir on Zoom Youth Group	29 PNC 7 pm	30	31	April 1  Service at 7 pm	April 2 	April 3

### Sunday Morning Schedule:

10:00 a.m. Worship Service In Sanctuary (socially distant seating)  
Or Online at YouTube (Quaker5810) or Facebook Live

### 2nd & 4th Sunday Evenings:

Youth Group: BIG @ 3:45 pm, Jr. & Sr. @ 4:30 pm